

Health & Social Care Curriculum Long Term Planning

		Term 1	Term 2	Term 3
Year 10	Big Idea	Pupils explore how humans grow and develop across the life stages, gaining an understanding of the physical, intellectual, emotional and social (PIES) changes that occur. They also examine a range of factors that can influence development.	Pupils investigate how predicted and unexpected life events can affect an individual's PIES development. They consider how people adapt following significant life changes and explore the support available.	Pupils complete their Component 1 controlled assessment and develop knowledge of primary and secondary health care services, including why individuals may need to access them.
	Key knowledge and skills	- Understand life stages and PIES development. - identify factors that influence growth and development	- Examine the impact of expected and unexpected life events. - Explore how individuals adapt to change.	Understand the role of primary and secondary health care services, and how they can work together to help an individual who has a chronic illness/health condition
	End Point	Pupils are asked to write a report to apply their knowledge of how people change during two different life stages. Pupils are asked to write a report to apply their knowledge on a selected factor and explain how it may impact their growth and development	Pupils are asked to write a report to apply their knowledge on two individuals from two different life stages, who experience the same life event, and explain how that life event may impact their growth and development Pupils are asked to write a report, to apply their knowledge to explain how the individuals selected have adapted to the life events and what support is available to them. Pupils could extend their application of knowledge by comparing how each individual adapted and the support they accessed.	Pupils are asked to write a report to apply their knowledge and understanding about a range of primary and secondary health care professionals and how they may work together to help an individual with a selected health condition. Complete PSA tasks, including mock examinations.

		Term 1	Term 2	Term 3
Year 11	Big Idea	Pupils investigate the wide range of social care services available within the sector and develop an understanding of how these services work together to support the wellbeing of an individual who needs to access social care services. Pupils will explore the barriers that may prevent people from accessing support and consider how these challenges can be reduced or overcome. Pupils also develop an awareness of the core care values, skills and attributes required to work effectively with service users, preparing them for compassionate and professional practice within health and social care settings.	Pupils study the factors that influence health and wellbeing, building on their knowledge of PIES development from Year 10. Pupils learn how to interpret physiological and lifestyle indicators to assess an individual's health and wellbeing. They begin preparing for the Component 3 examination.	Pupils explore how to create an effective, person-centred health and wellbeing improvement plan. They examine barriers individuals may face when implementing recommendations and consider ways to overcome them.
	Key knowledge and skills	- Investigate the wide range of social care services available within the sector. - Understand how different services work together to support an individual's wellbeing. - Explore barriers that may prevent people from accessing support. - Consider strategies to reduce or overcome these barriers. - Develop awareness of core care	- Identify and explain the factors that influence an individual's health and wellbeing. - Apply prior knowledge of PIES development from Year 10 to understand health and wellbeing changes. - Interpret physiological indicators (e.g., heart rate, blood pressure, peak flow) to assess health status. - Interpret lifestyle indicators (e.g.,	- Explore the features of a health and wellbeing improvement plan. - Use a person-centred approach by considering an individual's needs, wishes and circumstances. - Identify a range of barriers and obstacles individuals may face when implementing health recommendations.

		values essential for effective practice. Identify the skills and attributes required to work professionally with service users.	diet, exercise levels, smoking/alcohol use) to evaluate wellbeing. Begin preparing for the Component 3 examination through analysis and application of health data.	- Develop understanding of how these barriers impact a person's ability to follow a plan. - Suggest realistic and appropriate ways these barriers can be reduced or overcome
	End Point	Pupils are asked to write a report to apply their knowledge and understanding of the range of social care services, who may work together to help an individual who needs help and support with their day to day living. Pupils are asked to write a report to apply their knowledge and understanding about a range of barriers that may prevent an individual from accessing a range of services. Pupils are asked to write a report to apply their knowledge and understanding about a range of values, skills and attributes, and the benefits to individuals of these being demonstrated effectively in a health and social care setting.	Exam Prep Mock Exam	Exam Prep Exam