

Year 10 Curriculum Overview Plan: Health and Social Care 2020

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Key Theme: Understand human growth and development and key factors that affect it</p> <p>Key Concepts, Knowledge & Skills to be Embedded: Learners explore aspects of growth and development, including life stages and how PIES development is affected at each life stage. Learners are asked to write a report to illustrate how people change over different life stages. They choose an individual, such as a well-known</p>	<p>Key Theme: Investigate how individuals deal with life events.</p> <p>Key Concepts, Knowledge & Skills to be Embedded: Learners study expected and unexpected life events. Learners learn how individuals adapt to changes in circumstances after life events and the role of vale and support. Learner are now given the opportunity to apply their knowledge, this time to two case studies. Learners identify how the</p>	<p>Key Theme: Component 3 – Exam Health and Wellbeing</p> <p>Factors affecting health and wellbeing</p> <p>Physiological indicators</p> <p>Lifestyle Indicators</p> <p>Key Concepts, Knowledge & Skills to be Embedded: Learners explore how physical, lifestyle, social, emotional, cultural, economic and environmental factors can have a positive or negative impact on an individual’s health and wellbeing. This again builds on</p>	<p>Key Theme: Component 3 – Exam Health and Wellbeing</p> <p>A person – centered health and wellbeing improvement plans</p> <p>Obstacles to implementing plan</p> <p>Key Concepts, Knowledge & Skills to be Embedded: Learners explore the features of a health and wellbeing improvement plan, taking into consideration needs, wishes and circumstances. Learners also explore the obstacles that</p>	<p>Key Theme: Component 3 – Exam Health and Wellbeing</p> <p>Revision Techniques Mock exam practice</p> <p>Key Concepts, Knowledge & Skills to be Embedded: This External component builds on knowledge, understanding and skills acquired and developed in Components 1 and 2. The design of this external assessment ensures that there is</p>	<p>Key Theme: Component 3 – Exam Health and Wellbeing</p> <p>Revision Techniques Mock exam practice</p> <p>Key Concepts, Knowledge & Skills to be Embedded: Exam Skills</p>

<p>person, and carry out research to find out how they have changed over the course of three life stages (the life stages are chosen by the learner) and then use this to write a report. Learners choose the person that they want to research. Learners complete this assignment, applying their knowledge of PIES and the factors that may affect their individual's growth and development. Learners have the opportunity with this piece of controlled assessment to develop transferable skills such as report writing</p>	<p>individuals have adapted to the life event and what support is available to them and its value. Learners could extend themselves to compare how individuals adapted and assess how well the adapted now that they have a very thorough knowledge of PIES and Life events. This shows how well they have understood and processed the theory from Component 1 and how they can apply this theory to real scenarios.</p>	<p>previous knowledge of PIES development.</p> <p>Learner interpret indicators that can be used to measure physiological health and interpret lifestyle data in relation to risks posed to physical health.</p>	<p>individuals can face when implementing these plans and how they can be mitigated. Learners than produce their own health and wellbeing improvement plans using the knowledge they have gained from Component 3</p>	<p>sufficient stretch and challenge, enabling the assessment of knowledge and understanding at the end of the learning period.</p>	
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<p>Links to Prior Learning: PSHE The Characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health</p> <p>Key Assessment Pieces: Paper 1 - Human Lifespan Development Paper 2 - Human Lifespan Development Controlled Assessment for Learning Aim A – Learners will assess how an individual has</p>	<p>Links to Prior Learning: Builds further onto PIES Development, as well as giving context to the factors that affect growth and development studied in Learning Aim A</p> <p>Key Assessment Pieces: Controlled Assessment for Learning Aim B – Learners are asked to use a case study on two individuals that have experienced the same life event (e.g. bereavement) and investigate how it affected them. Learners gather</p>	<p>Links to Prior Learning: Component 3 builds directly on components 1 and 2 and allows learning to be brought together and related to a real-life situation.</p> <p>This also provides links to GCSE biology/combined science content in the bioenergetics topic</p> <p>Key Assessment Pieces: Paper 1 – Learning Aim A&B</p>	<p>Links to Prior Learning: Component 3 builds directly on components 1 and 2 and allows learning to be brought together and related to a real-life situation.</p> <p>This also provides links to GCSE biology/combined science content in the bioenergetics topic</p> <p>Key Assessment Pieces: Paper 2 – Learning Aim C</p>	<p>Links to Prior Learning: Component 3 builds directly on components 1 and 2 and allows learning to be brought together and related to a real-life situation.</p> <p>This also provides links to GCSE biology/combined science content in the bioenergetics topic</p> <p>Key Assessment Pieces: Learners will be given a case study and will assess an individual’s health and wellbeing, drawing on their understanding of life events from Component 1. They will design a health and wellbeing</p>	<p>Links to Prior Learning: Component 3 builds directly on components 1 and 2 and allows learning to be brought together and related to a real-life situation.</p> <p>This also provides links to GCSE biology/combined science content in the bioenergetics topic</p> <p>Key Assessment Pieces: 3 Mock papers to practice Exam May 2023</p>
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<p>changed over the course of three life stages. The person chosen, could be someone they know or a case study. Learners must also explain how relevant factors may have affected the growth and development of the individual.</p>	<p>evidence from the case studies about how PIES development was affected and what support the individuals received.</p>			<p>improvement plan that draws on their knowledge of services and care values from Component 2</p>	
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<p>Tier 3 Vocabulary Vault: Physical Development, Intellectual Development, Emotional Development, Social Development, Life Expectancy, Life span, Adolescence, Gross motor skills, Fine Motor skills, Menopause, Abstract thinking, Cognitive Development, Puberty, Primary sexual Characteristics, Secondary Sexual Characteristics, Milestones, Attachment, Bonding, Maturation, Self-Image, Self-Esteem, Self-Concept, Genetic inheritance</p>	<p>Tier 3 Vocabulary Vault: Physical Development, Intellectual Development, Emotional Development, Social Development, Life Expectancy, Life span, Adolescence, Gross motor skills, Fine Motor skills, Menopause, Abstract thinking, Cognitive Development, Puberty, Primary sexual Characteristics, Secondary Sexual Characteristics, Milestones, Attachment, Bonding, Maturation, Self-Image, Self-Esteem, Self-Concept, Genetic inheritance</p>	<p>Tier 3 Vocabulary Vault: Definition of Health & Wellbeing, Genetic inheritance, acute illness, Chronic Illness, Substance abuse, social integration, social isolation, Economic factors, Environmental factors, Impact of Life-events, Bereavement, Redundancy, Imprisonment, Self-esteem, Self-concept</p> <p>Pulse rate, Blood pressure, Peak Flow, BMI</p>	<p>Tier 3 Vocabulary Vault: Definition of Health & Wellbeing, Genetic inheritance, acute illness, Chronic Illness, Substance abuse, social integration, social isolation, Economic factors, Environmental factors, Impact of Life-events, Bereavement, Redundancy, Imprisonment, Self-esteem, Self-concept</p> <p>Pulse rate, Blood pressure, Peak Flow, BMI</p> <p>Reading Exposure: Reading tasks throughout the Component</p>	<p>Tier 3 Vocabulary Vault: Physical Development, Intellectual Development, Emotional Development, Social Development, Life Expectancy, Life span, Adolescence, Gross motor skills, Fine Motor skills, Menopause, Abstract thinking, Cognitive Development, Puberty, Primary sexual Characteristics, Secondary Sexual Characteristics, Milestones, Attachment, Bonding, Maturation, Self-Image, Self-Esteem, Self-Concept, Genetic inheritance, Definition of Health & Wellbeing, Genetic inheritance</p>	<p>Tier 3 Vocabulary Vault: Physical Development, Intellectual Development, Emotional Development, Social Development, Life Expectancy, Life span, Adolescence, Gross motor skills, Fine Motor skills, Menopause, Abstract thinking, Cognitive Development, Puberty, Primary sexual Characteristics, Secondary Sexual Characteristics, Milestones, Attachment, Bonding, Maturation, Self-Image, Self-Esteem, Self-Concept, Genetic inheritance, Definition of Health & Wellbeing, Genetic inheritance</p>
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<p>Reading Exposure: Reading tasks throughout the Component</p> <p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>	<p>Reading Exposure: Reading tasks throughout the Component</p> <p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>	<p>Reading Exposure: Reading tasks throughout the Component</p> <p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>	<p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>	<p>Reading Exposure: Reading tasks throughout the Component</p> <p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>	<p>Reading Exposure: Reading tasks throughout the Component</p> <p>Strategies to enable new concepts, knowledge & skills to embed in long-term memory: Do it now tasks to recap and recall, deeper understanding through questioning</p> <p>Consistent and progressive success criterion</p>
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