

Risk and Safety Curriculum Overview Plan: 5 year plan

Year 7	Year 8	Year 9	Year 10	Year 11
Key Theme:	Key Theme:	Key Theme:	Key Theme:	Key Theme:
Risk Prevention and Personal	Risk Prevention and Personal	Risk Prevention and Personal	Risk Prevention and Personal	Risk Prevention and Personal
Safety	Safety	Safety	Safety	Safety
Key Concepts,	Key Concepts,	Key Concepts,	Key Concepts,	Key Concepts,
Knowledge & Skills to be Embedded:	Knowledge & Skills to be Embedded:	Knowledge & Skills to be Embedded:	Knowledge & Skills to be Embedded:	Knowledge & Skills to be Embedded:
Pupils will learn about their own	Pupils will learn about the	Pupils will develop an	Pupils will understand what FGM	Understanding of criminal
personal values including how	different risks surrounding	understanding of the different	is, how it is conducted and the	behaviours including hate and
they show these values to other	caffeine consumption and they	types of drugs and their effects	impacts it has on the victims	knife crime and extremism. The
people and the need of others to	will be able to identify strategies	they have on a person's body	health and wider life. They will	ways in which people become
respect them. they will also learn	to reduce the risks associated	and mental wellbeing. The will	also look at how to support	involved in these behaviours and
about their rights within different	with caffeine and caffeine	learn about the reasons people	people who may be subjected	the impact this can have on their
types of relationship including	consumption.	self medicate with drugs as well	to FGM and how the act is illegal	lives. They will also learn about
friendships and what they		as signs and symptoms of	They will also look at the	what life is like for people in
should do if these rights are not	Pupils will learn about the risks	substance misuse disorder. The	different types of marriage who	gangs if they are in prison .
followed.	associated with alcohol	pupils will also learn about the	can get married and the	
Don't a will be a march and broadful	consumption including long	support available if they think	difference between arranged	Pupils will learn about the laws
Pupils will learn about hurtful and harmful behaviors and how	term and short term health risks, behavioural risks and mental	they or someone else they know	marriage and forced marriage, This will include the impact of	and impacts surrounding
to deal with these including	health risks. Pupils will learn	has a substance problem.	forced marriage on the victim	carrying a knife and look at the ways people may be influenced
what constitutes sexual	about what influences young	Pupils will learn about class C	and the signs to look out for that	into knife crime. They will also
harassment and inappropriate	people into drinking alcohol and	and prescription drugs and the	show people may become	learn about the different ways to
behaviour and how to deal with	the strategies that can be used	dangers they both pose to the	victims of a forced marriage	gain support if they are being
these behaviours if they are	to reduce these influences. They	user. Pupils will challenge		pressured into carrying a knife
witness to them.	will also learn about the risks	misconceptions surrounding	Knowledge of what is a healthy	Pupils will learn about hate
	associated with drinking as well	who may be a drug addict and	and unhealthy relationship	crimes and the different
Pupils will also look at the	as the consequences of these	why they take drugs.	including the signs of coercion	protected characteristics people
different ways they can be a	risks and how to stay safe and		and control including what	have and how violence towards
positive bystander and why this	reduce the risk.	Pupils will about the dangers	people can do if they are in a	people because of these
is important. Pupils will identify		surrounding becoming	coercive and controlling	characteristics is a crime as
and analyse a number of	Pupils will learn about the	extremely intoxicated with	relationship. Pupils will also look	these people's characteristics
different strategies that can be used to manage conflict and	factors that might affect their decision to take drugs including	alcohol and will learn the first aid	at signs that might show a relationship is becoming	are protected by law.
defuse different conflict	the risks involved and how they	steps they should take if	controlling.	



situations. They will understand why conflict happe

Links to Prior Learning:

Tier 3 Vocabulary Vault:

bystander, homophobic, psychological, harmful sexual behaviour, harassment esophagus, epiglottis, trachea Cardiac arrest, coronary arteries, CPR

Reading Exposure:

Problems surrounding harmful sexual behaviour (NSPCC)

Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

DIN activities, Diamond 9, Card sort activities, debates and class discussions can stay safe. Pupils will learn about alcohol limits as well as patterns of drinking that may be safe and unsafe and the misconceptions surrounding cannabis use.

Pupils will learn about the risks associated with cigarettes and e-cigarettes including the short/long term health issues, mental health and social/legal issues. Pupils will also learn some of the strategies they could use to reduce pressures surrounding starting smoking

Links to Prior Learning:

Tier 3 Vocabulary Vault:

Reading Exposure:

Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

DIN activities, Diamond 9, Card sort activities, debates and class discussions someone passes out due to intoxication.

Pupils will also learn about the harms of drugs that are seen as legal including Nitrous Oxide.

Links to Prior Learning:

Tier 3 Vocabulary Vault:

Reading Exposure:

Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

DIN activities, Diamond 9, Card sort activities, debates and class discussions Pupils will identify the difference between harassment and stalking and what behaviours are acceptable and unacceptable in a relationship or when people break up. Pupils will also look at ways they can manage this type of behaviour and where and when to seek support surrounding harassment and stalking.

Pupils will be looking at what abuse is and the barriers that stop people reporting abuse. Pupils will also learn the behaviours that would constitute abuse and how they can gain support from including the police.

Links to Prior Learning:

Yr 8, Consent, Types of relationships and marriage.

Tier 3 Vocabulary Vault:

Reading Exposure:

Strategies to enable new concepts, knowledge & skills to embed in long-term memory: DIN activities, Diamond 9, Card sort activities, debates and class discussions

Understanding of the different between extremism and terrorism and the reasons why people enter into extremist aroups including media influence. They will understand that there are different types of extremist groups and how these groups can influence and radicalise people into following their beliefs. The pupils will also learn about the different strategies that can help people resist being drawn into group activities including extremism and how as a society we can tackle prejudice in order to reduce extremist views and terror attacks.

Links to Prior Learning:

Y8- Criminal behaviours Y10 - Hate crimes and preventing extremism

Tier 3 Vocabulary Vault:

Extremism, Terrorism

Reading Exposure:

Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

DIN activities, Diamond 9, Card sort activities, debates and class discussions