

11th November 2020

Dear Parent/Carer

Practical PE Lessons – Covid-19

I hope this letter finds you well. As a school we have been following government guidance for all students to ensure everyone's safety. We now feel confident that students can participate in a practical PE curriculum for both physical and mental health benefits, whilst still in line with current guidance. The practical PE lessons will begin from Monday 23rd of November.

Student safety remains a priority and as such, risk assessments have been conducted to include the different indoor and outdoor PE lessons, movement around the school site, changing rooms, registration, etc. The key principles below indicate adaptations made to PE lessons

- To ensure a smooth transition, these changes will only apply to Years 7, 8 and 11 in the first instance, before expanding to other year groups.
- Each PE class will have one practical PE lesson per week and one as a theory based lesson in a classroom due to changing room restrictions.
- There will be thorough sanitising of the changing rooms to occur between year groups which eliminates the chance of cross contamination of the changing rooms between different year group bubbles.
- In the following lessons students will require full PE kit for the following classes:
 - Year 7C Monday Period 2 – **Mrs Ball and Mr Dye**
 - Year 7C Wednesday Period 1 – **Mr Singleton and Miss Lowe**
 - Year 7A Wednesday Period 4 – **Mr Singleton and Miss Lowe**
 - Year 7A Friday Period 2 – **Mrs Ball and Mr Dye**

 - Year 8A Monday Period 3 – **Mrs Ball and Mr Dye**
 - Year 8C Tuesday Period 4 – **Mr Singleton and Miss Lowe**
 - Year 8A Wednesday Period 5 – **Mr Singleton and Miss Lowe**
 - Year 8C Thursday Period 3 – **Mrs Ball and Mr Dye**
- Students who have PE during Periods 1, 2 or 3 should come to school in their full Airedale Academy PE kit. Their uniform should be placed in their bag. After their PE lesson, students should get changed into their uniform for the rest of the day.
- Students who have PE during Periods 4 or 5 should come to school in their full Airedale Academy uniform. Their PE kit should be placed in their bag, ready to be changed into. After their PE lesson, students can go to P5 in their PE kit or go home if it is the end of the day.
- Any students failing to bring an item of PE kit or an item of their uniform to change into, will receive a kit mark – 3 kit marks in a term will result in a 30 minute detention in their relevant bubble hub.

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- All activities will follow current Association for Physical Education (AfPE) and Government guidelines as well as the National Governing Body COVID Road Map for sport.
- All equipment will be sanitised thoroughly after every lesson regardless of whether the next class is in the same year group bubble.
- Students will be collected by their class teacher from their classroom and escorted out of their bubble and around the outside of the school buildings to PE to avoid mixing of bubbles.
- Once students arrive at the PE department, they will move to their normal PE groups where necessary.

Upon arriving at the changing rooms:

- Student expectations will be made clear prior to entry to the changing rooms and must be adhered to for the safety of all students and staff
- Students must sanitise when entering the building
- Students will be assigned a peg in the changing rooms alphabetically which are socially distanced – students must not change pegs.
- Students will use the same changing space every lesson
- Once changed, students must remain seated until their class teacher escorts them out of the changing rooms to the relevant teaching space
- Areas not in use will be cordoned off and **MUST NOT** be entered
- Where possible, full ventilation of doors and windows will be open
- Failure to follow any rules around social distancing will result in a sanction and removal for the safety of all students and staff

As indicated above, on each class's assigned practical PE lesson, students must bring their full Airedale Academy PE kit. This includes either a school reversible rugby shirt, a school polo shirt, school plain black shorts or school plain black jogging bottoms. Alternatively, students may wear plain black shorts or plain black jogging bottoms with the exception of 1 small logo – No Adidas stripes should be visible of any other colours other than black. Also, there should be no leggings worn in PE. Trainers should be brought for all practical PE lessons, however, for outdoor lessons such as football, it is recommended that football boots be worn. Students should also bring plain black football/rugby socks to change into. During adverse weather conditions, PE lessons will be indoors.

Any students who can't participate in practical PE lessons due to injury or illness must bring an excused note in their planner to explain the reason for being excused.

We look forward to welcoming our students back into practical PE lessons. If you have any queries or questions, please don't hesitate in contacting us via the school reception.

Yours faithfully

R. Singleton and K. Ball

Mr R Singleton and Mrs K Ball

Joint Head of PE

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