

## Year 7 Curriculum Overview Plan: Design and Technology including Food and Nutrition

N.B – These subjects are taught in on a termly rotation that can occur in any order.

Rotation 1		Rotation 2		Rotation 3	
Half Term	Half Term	Half Term	Half Term	Half Term	Half Term
Key Theme:		Key Theme:		Key Theme:	
Introduction to Metals		Introduction Timber		Introduction to Food and Nutrition	
Key Concepts,		Key Concepts,		Key Concepts,	
Knowledge & Skills to be Embedded:		Knowledge & Skills to be Embedded:		Knowledge & Skills to be Embedded:	
Sources and Properties of Material		Sources and Properties of Material		Food and Nutrition Groups	
Generating and Communicating Design Ideas		Generating and Communicating Design Ideas		Basic food preparation and hygiene	
in 2D		in 2D		Cooking and sources of heat	
Identifying and using basic tools and		Identifying and using basic tools and			
equipment		equipment		Links to Prior Learning:	
				Healthy and balanced diet	
Links to Prior Learning:		Links to Prior Learning:			
Materials and Design		Materials and Design		Key Assessment Pieces:	
				Practical Dish/ Food Log	
Key Assessment Pieces:		Key Assessment Pieces:		Challenge Dish	
Design Proposal and Manufacturing Plan		Design Proposal and Manufacturing Plan			
Design and Product Evaluation		Design and Product Evaluation		Tier 3 Vocabulary Vault:	
				Protein, Fat, Carbohydrate, Vitamins,	
Tier 3 Vocabulary Vault:		Tier 3 Vocabulary Vault:		Minerals, Water, Dietary fibre, Weighing	
Design, Manufacture, Evaluate,		Design, Manufacture, Evaluate,		and measuring, Chopping, Melting,	
Material-Metals, Ferrous, Non-Ferrous,		Material-Timbers, Softwoods, Hardwoods, Manufactured Boards. Oak, Beech, Birch,		Rub-in, Boiling, Baking, Frying.	
Alloys. Iron, Steel, Stainless Steel, Brass,					
Copper, Aluminium. Scribe, Hack Saw, Tri		Mahogany, Balsa, Pine, Spruce, Plywood,		Reading Exposure:	
Square, Steel Rule, Punch, Stamp, Drill.		Chipboard, Hardboard, Medium Density Fibreboard. Tenon Saw, Coping Saw, Bench Hook, Tri Square, Steel Rule, Sanding Block, Sand Paper, Hand File.		Recipes	
				Strategies to enable new concepts,	
Reading Exposure:				knowledge & skills to embed in long-term	
Design Briefs, Instruction, Risk Assessments				memory:	
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Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

Design and Make Project including drawing and communication design intentions. Application and recall of Key Concepts, knowledge and Skills in a practical environment.

**Reading Exposure:** 

Design Briefs, Instruction, Risk Assessments

Strategies to enable new concepts, knowledge & skills to embed in long-term memory:

Design and Make Project including drawing and communication design intentions.

Application and recall of Key Concepts, knowledge and Skills.

Application and recall of Key Concepts, knowledge and Skills in a practical environment.

Practical Cooking lessons
Food Logs
Application and recall of Key Concepts,
knowledge and Skills.
Application and recall of Key Concepts,
knowledge and Skills in a practical
environment.